



GROSSMONT COLLEGE

PLAN C: CSU – California State University General Education Breadth Requirements

2024-2025

Name: _____

Student ID: _____

Major & Transfer University: _____

Counselor & Appointment Date: _____

| Area A: English Language Communication and Critical Thinking | | | |
|---|-----------|-------------|------|
| @ - Select ONE course in Area A1, A2, and A3 with a grade of "C-" or better in each course. 3 courses; minimum 9 semester or 12 quarter units required. | | | |
| A1 ORAL COMMUNICATION Communication 120, 122, 130 **Other Regionally Accredited College Course: _____ | Completed | In Progress | Need |
| A2 WRITTEN COMMUNICATION English 120; English as a Second Language 122 **Other Regionally Accredited College Course: _____ AP _____ | Completed | In Progress | Need |
| A3 CRITICAL THINKING Communication 137, 145; English 124, Philosophy 125, 130; Science 110 **Other Regionally Accredited College Course: _____ | Completed | In Progress | Need |
| Area B: The Physical Universe and Its Life Forms | | | |
| Select ONE course from Area B1 and Area B2, one of these courses MUST have a corresponding lab (non-lab courses are underlined, refer to B3 for options). Complete ONE MATH course from Area B4 with a grade of "C-" or better. 3 courses plus a lab; minimum 9 semester or 12 quarter units required. | | | |
| B1 PHYSICAL SCIENCE Astronomy <u>110, 120</u> ; Chemistry 102, <u>110</u> , 113, 115, 116, 120, 141, 142, 231, <u>232, 241, 242</u> ; Geography <u>120, 140</u> ; Geology <u>104, 110, 121, 210, 220</u> ; Oceanography <u>112</u> ; Physical Science <u>100, 110</u> ; Physics 110, 130, 131, 201, 202, 203; Science <u>110</u> **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____ | Completed | In Progress | Need |
| B2 LIFE SCIENCE Anthropology <u>130</u> ; Biology 105, 110, <u>112, 114, 118</u> , 120, 140, <u>141, 144</u> , 145, 152, 230, 240; Chemistry 117 **Other Regionally Accredited College Course: _____ AP/IB _____ | Completed | In Progress | Need |
| B3 LABORATORY ACTIVITIES – Only if not included in B1 or B2 course. Anthropology 131; Astronomy 112 (Lab for ASTR 110 and 120); Biology 141L; Chemistry 241L, 242L; Geography 121 (Lab for GEOG 120 and GEOL 104); Geology 111; Oceanography 113; Physical Science 111 **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____ | Completed | In Progress | Need |
| B4 MATHEMATICS and QUANTITATIVE REASONING Mathematics 120, 125, 126, 160, 170, 175, 176, 178, 180, 245, 280, 281, 284, 285; Computer Science 240; Physical Science 120; Statistics: Anthropology 215; Biology 215; Economics 215; Math 160; Psychology 215; Sociology 215 **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____ | Completed | In Progress | Need |
| Area C: Arts and Humanities | | | |
| Select ONE course from Area C1 and Area C2. Select a THIRD course from either area. 3 courses; minimum 9 semester or 12 quarter units required. | | | |
| C1 ARTS Art 100, 120, 126, 130, 140, 141, 142, 143, 145, 146, 147; Dance 110, 120; Ethnic Studies 126, 134; Humanities 110, 120; Media Communications 111; Music 110, 111, 115, 116, 117, 123; Photography 154; Religious Studies 140; Theater Arts 101, 110, 143, 144, 205 **Other Regionally Accredited College Course: _____ AP/IB _____ | Completed | In Progress | Need |
| C2 HUMANITIES Arabic 120, 121, 122, 123, 148, 220, 221, 250, 251; American Sign Language 120, 121, 140, 220, 221; Chinese 120, 121, 220, 221, 250, 251; Communication 136, 144; English 122, 201, 203, 215, 217, 218, 219, 221, 222, 225, 226, 227, 228, 231, 232, 236, 237, 238, 239, 271; English as a Second Language 115; Ethnic Studies 135, 143, 144, 236, 237, 238, 239; French 120, 121, 152, 220, 221, 250, 251; German 120, 121, 220, 221, 250, 251; History 100, 101, 103, 105, 106, 126, 135, 136, 137, 148; Humanities 110, 120, 125, 130, 135, 140, 160, 170; Italian 120, 121, 220, 221, 250, 251; Japanese 120, 121, 149, 220, 221, 250, 251; Philosophy 110, 111, 115, 117, 120, 140, 141, 145, 150, 155, 160; Religious Studies 110, 120, 130, 140, 150, 165, 170; Russian 120, 121, 220, 221, 250, 251; Spanish 120, 121, 122, 123, 141, 145, 220, 221, 250, 251; Theater 143, 144 **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____ | Completed | In Progress | Need |
| ADDITIONAL COURSE FROM C1 OR C2: _____ **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____ | Completed | In Progress | Need |

Area D: Social Sciences

Complete TWO courses from Area D.

2 courses; minimum 6 semester or 9 quarter units required.

*CSU American Institutions courses are **bolded and underlined**.

| D SOCIAL SCIENCES | Completed | In Progress | Need |
|---|-----------|-------------|------|
| <p>Administration of Justice 110; Anthropology 120, 122, 127, 140; Child Development 115, 125, 131, 145; Communication 124, 128, 144; Economics 110, 120, 121, 125, 130, 135, 261; Ethnic Studies 107,114, 115, 118, 119, 125, 127, 128,130, 131, 135, 137, 138, 143, 144, 145, 150, 160, 161, 180, 181; Family Studies 115, 120; French 152; Gender Studies 116, 117, 154, 155; Geography 100, 101, 106, 130, 170; History 100, 101, 103, 105, 106, 107, 108, 109, 113, 114, 115, 118, 119, 122, 123, 124, 126, 130, 131, 136, 137, 148, 154, 155, 160, 161, 180, 181; Media Communications 110; Political Science 120, 121, 124, 130, 140, 145, 147, 148, 150, 155, 160; Psychology 120, 125, 134, 138, 140, 150, 170, 211, 220; Religious Studies 175; Sociology 114, 120, 125, 130, 138, 140, 150; Spanish 145</p> <p>**Other Regionally Accredited College Course: _____ AP/CLEP/IB _____</p> | | | |

| | | | |
|--|--|--|--|
| <p>ADDITIONAL COURSE FROM AREA D: _____</p> <p>**Other Regionally Accredited College Course: _____ AP/CLEP/IB _____</p> | | | |
|--|--|--|--|

Area E: Lifelong Understanding and Self-Development

Select ONE course from Area E.

3 semester or 4 quarter units required.

| E LIFELONG LEARNING AND SELF-DEVELOPMENT | Completed | In Progress | Need |
|---|-----------|-------------|------|
| <p>Business 195; Child Development 125, 145; Counseling 120; English 219; Ethnic Studies 127; Family Studies 110, 120, 129; Health Education 120, 201; Health Sciences 110; Nutrition 155, 158, 159, 255; Psychology 132, 134, 140, 150, 180, 220; Sociology 125</p> <p>This area can be certified with a DD214 or military transcript. Please submit to Admissions & Records.</p> <p>**Other Regionally Accredited College Course: _____</p> | | | |

Area F: Ethnic Studies

Select ONE course from Area F.

3 semester or 4 quarter units required.

| F ETHNIC STUDIES | Completed | In Progress | Need |
|---|-----------|-------------|------|
| <p>English 236; Ethnic Studies 107, 114, 236; History 107; Sociology 114</p> <p>Due to the limited number of approved courses students can Area F approved courses at Cuyamaca College or other CCCs. See a counselor for more information.</p> <p>**Other Regionally Accredited College Course: _____</p> | | | |

U.S. History, Constitution and American Ideals – (CSU Graduation Requirement)

All California State Universities have a graduation requirement in U.S. History, Constitution, and American Ideals. Although this is not a transfer requirement, it is recommended students take it prior to transfer to a CSU. Courses used to meet this requirement may also be used to meet required units in Area D. Courses are found in Area D in **bold and underlined**.

| Option 1: Choose ONE course from List A and ONE from List B | Completed | In Progress | Need |
|--|-----------|-------------|------|
| <p>List A: Ethnic Studies 107,118, 130, 180; History 107,108, 114, 118, 122, 130, 180</p> <p>List B: Ethnic Studies 119, 131; History 109, 119, 123, 124, 131; Political Science 121, 140</p> <p>**Other Regionally Accredited College Course: _____ AP/CLEP _____</p> | | | |
| <p>Option 2: Choose ONE course from List A and ONE from List B</p> <p>List A: Political Science 121; Religious Studies 175</p> <p>List B: Ethnic Studies 107, 118, 119, 130, 181; History 107, 109, 118, 119, 130, 181</p> <p>**Other Regionally Accredited College Course: _____ AP/CLEP _____</p> | | | |
| <p>Option 3: Choose ONE course from List A</p> <p>List A: History 115</p> <p>**Other Regionally Accredited College Course: _____ AP/CLEP _____</p> | | | |

Important Information

- Courses may be listed in more than one area but will not be certified in more than one area.
- Certification is not a CSU admission requirement. Requirements are subject to change.
- Please work with a counselor to develop an educational plan that includes major preparation.
- ****Courses taken at regionally accredited colleges or universities that are not part of the California Community College system can meet general education requirements for CSU GE. Approval of CSU general education placement is done by the Articulation Officer, M. Denise Aceves, via the "Pass Along" review process.**

*Disclaimer: Every effort has been made to ensure the information below is accurate and timely. However, this information is unofficial and should be checked against the official information found on the ASSIST website @ www.assist.org. This advising sheet is a Counselor tool to be used with students.

@ Notation in CSU GE Areas A1, A2, A3, and B4 indicates grades of "C-" can be used to meet CSU GE Areas A1, A2, A3, and B4 for CSU admissions. **However, if the CSU Area A1, A2, A3, or B4 course double counts as a general education and major requirement, a "C" grade or higher is recommended for certification and transfer.**