

The OTA Program

The Occupational Therapy Assistant Program at Grossmont College teaches students to provide services to those individuals whose abilities to cope with tasks of living are threatened or impaired by developmental deficits, the aging process, poverty, cultural differences, physical injury or illness, or psychological and social disability.

Occupational Therapy serves a diverse population in a variety of settings such as hospitals and clinics, rehabilitation facilities, long-term care facilities, extended care facilities, sheltered workshops, schools and camps, private homes, and community agencies.

Licensed Occupational Therapy Assistants (OTAs) work under the direct supervision of licensed Occupational Therapist (OTs) to provide all levels of patient treatment. OTAs assist OTs in assessing patient needs, determining therapeutic goals, planning and implementing treatment activities, communicating with patients and health care providers and documenting patient progress. They utilize purposeful activities, manual and creative arts, to help patients achieve their highest level of function.

The Occupational Therapy Assistant Program prepares the student for an Associate in Science Degree. In addition to the major coursework, the major requires selected general education courses from the biological, social, and behavioral sciences. OTA major coursework is offered evenings only. Level I and II fieldwork experiences are available daytime only. **All GE coursework must be completed before prior to OTA 241 and OTA 251.**

EMPLOYMENT OPPORTUNITIES

Students today can look forward to dynamic careers working in multiple settings with people of all ages. And the employment outlook for occupational therapy assistants is bright! Recent information published by the U.S. Department of Labor's Bureau of Labor Statistics reveals that the job outlook for occupational therapy assistants will continue to improve steadily for the foreseeable future. Specifically, it states that: <https://www.bls.gov/ooh/healthcare/occupational-therapy-assistants-and-aides.htm#tab-6>

IMPORTANT: Students accepted to the OTA Program are required to undergo a total of 2 background checks and urine drug screening tests. Once prior to starting the program and being placed at any clinical site and again during the 2nd year of the program. Students are responsible for a minimum cost for these procedures. Failure to pass either or both of these procedures, or any prior convictions of a misdemeanor or felony may interfere with acceptance to the program, clinical placement, NBCOT testing, eligibility for state licensure or securing employment. The OTA Program cannot advise students on individual background checks or drug screens. Applicants are urged to visit the Occupational Therapy Board of California website at <https://www.bot.ca.gov/applicants/index.shtml>, or call 916-263-2294 and the National Board for Certification in Occupational Therapy at 301-990-7979 for more information.

Rev. MDA. 8/2026

Prerequisites

The Occupational Therapy Assistant Program admits a limited number of students every summer semester. To be eligible to apply for the program, the following must be completed:

1. High School graduation, equivalency, or a higher degree.
2. Required immunizations. Completion of the HepB series and a test for immunity, or a positive Hep B immunity test. Tdap, MMR series and Varicella series. All have specific requirements, refer to the program website for detailed information.
3. Completion of Anatomy and Physiology. Anatomy, Physiology or the combined Anatomy and Physiology I and II to be completed with a grade of "C" or higher and must include a lab. Physiology (Bio 141) does not require a separate lab course. Courses taken for the OTA major must be taken at a regionally accredited institution.
 - a. Anatomy and Physiology (Bio 140, 141 or Bio 144 and 145)
 - b. Science recency requirement- Anatomy or Anatomy and Physiology II must be completed within **10** years of the application date.
 - c. If taking the science prerequisites as a series (offered as part I and part II), applicants are strongly encouraged to complete the entire series at the college in which they started part I. This enables the student to maintain continuity with course content.
4. Completion of **one** of the following course within the last 10 years:
 - a. FS 120 – Human Development
 - b. CDEV C1000^ – Child Growth and Development
 - c. CD 131 – Child, Family and Community
 - d. ETHN 125 or PSY 125 – Cross-Cultural Psychology
 - e. PYSC C1000 – Introduction to Psychology

Prospective students may submit a completed application online throughout the year once prerequisites and required Hep B titer and immunizations are complete. You must also apply to Grossmont College and send 1 set of transcripts for all colleges attended to Admissions and Records when applying to the OTA Program.

The program application link and accompanying forms can be found on the website. Additional requirements will be needed when accepting an invitation to the program, specific information will be provided to the student on acceptance. It is strongly recommended that students complete their General Education requirements prior to being accepted in the program.

For more information on prerequisites, structure of the Program, employment opportunities and career paths, or to attend a program preview, visit the OTA website: www.grossmont.edu/ota **For information about General Education requirements or to develop an educational plan, contact the Grossmont College Counseling Department at: 619-644-7208 for an appointment with a Counselor or to find out more about walk-in services.**

Questions?

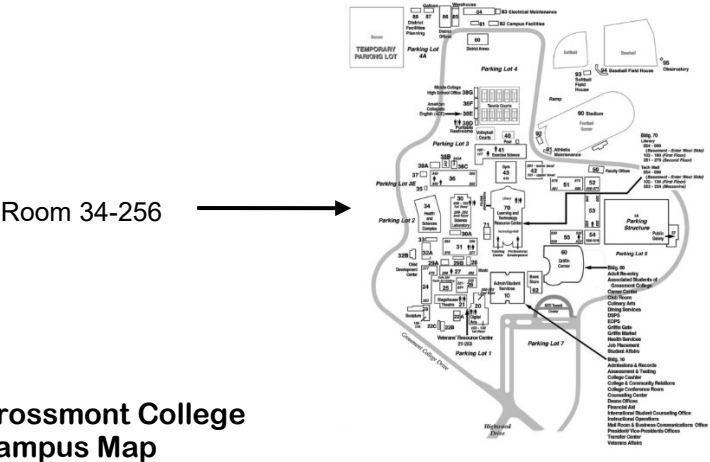
Occupational Therapy Assistant Program
GROSSMONT COLLEGE
8800 Grossmont College Drive
El Cajon, CA 92020
(619) 644-7304
Email: Grossmont.OTA@gcccd.edu
www.grossmont.edu/OTA
Office Hours: Monday-Friday 8:00 a.m. to 4:30 p.m.

Grossmont College



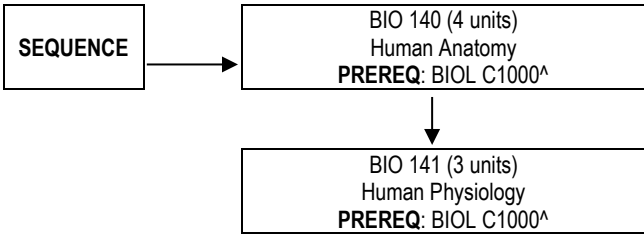
Occupational Therapy Assistant
Associate in Science Degree
2026-2027

- Prerequisites/Information
- Major Requirements
- General Education Requirements
- All Allied Health and Nursing students adhere to the graduation requirements outlined in the college catalog for the academic year in which they enter the program
- www.grossmont.edu/OTA



Prerequisite Courses

1. OTA students have **ONE** option for completing the biology prerequisite courses. See below.
- *NOTE: ALTHOUGH NO LONGER OFFERED, THE BIO 144 & 145 PREREQUISITE OPTION WILL CONTINUE TO BE ACCEPTED.**



2. Select ONE of the following:
- a. CDEV C1000^ – Child Growth and Development
 - b. CD 131 – Child, Family and Community
 - c. ETHN 125 or PSY 125 – Cross-Cultural Psychology
 - d. FS 120 – Human Development
 - e. PSYC C1000 – Introduction to Psychology

Sequence of Major Courses

***New Curriculum for the Major is being phased in and will be explained upon Admission to the program.**

Semester 1 Summer OTA 107 – 0.5 units

Semester 2 Fall	
Subject & No.	Units
OTA 100	2
OTA 105	3
OTA 115	4
OTA 111	1
OTA 117	2
Total	12

Semester 3 Spring	
Subject & No.	Units
OTA 125	3
OTA 135	3
OTA 140	3
OTA 141	1
OTA 145	2
Total	12

Semester 4 Summer OTA 200 – 3 units

Semester 5 Fall	
Subject &No.	Units
OTA 217	2
OTA 220	3
OTA 221	1
OTA 225	2
OTA 230	2
OTA 235	2
Total	12

Semester 6 Spring	
Subject & No.	Units
OTA 241	6
OTA 251	6
Total	12

NOTE: Program requirements must be completed with a grade "C" or better.

**Disclaimer: Every effort has been made to ensure that this information is accurate and timely. However, the official college document is the Grossmont College Catalog 2026-2027.*

Date:_____

OCCUPATIONAL THERAPY ASSISTANT
ASSOCIATE IN SCIENCE DEGREE

General Education Requirements for Occupational Therapy Assistant Students Only
This general education applies to students entering the Grossmont College Occupational Therapy Assistant program for the **2026-2027 academic year.**

NAME _____, COUNSELOR _____

AREA 1 – English Composition, Oral Communication, and Critical Thinking
Select two courses, one from each area — 6 semester or 8 quarter units.

- 1A **English Composition**
English (ENGL) C1000^, C1001; English as a Second Language (ESL) 122
- 1B **Oral Communication & Critical Thinking**
Communication (COMM) 130, 137, 145, C1000, C1004^; Geography (GEOG) 104; Philosophy (PHIL) 125

**Areas 1A and 1B must be completed with a grade of “C” or better, or “P”.*

AREA 2 – MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING
Select one course — 3 semester or 4 quarter units.

- 2
Biology (BIO) 215; **CSIS (CSIS)** 240, 290, 293, 250; **Economics (ECON)** 215; **Mathematics (MATH)** 120, 125, 126, 170, 175, 176, 178, 245, 281, 284, 285, C2210^, C2220^; **Philosophy (PHIL)** 130; **Physical Science (PSC)** 120; **Psychology (PSY)** 215; **Statistics (STAT)** C1000

**Area must be completed with a grade of “C” or better, or “P”.*

AREA 3 – ARTS AND HUMANITIES
Select one course — 3 semester or 4 quarter units.

- 3
American Sign Language (ASL) 120, 121, 140, 220, 221; **Arabic (ARBC)** 120, 121, 122, 123, 148, 220, 221, 250, 251; **Art (ART)** 100, 120, 124, 126, 129, 142, 143, 145, 146, 147, 171; Art History (ARTH) C1100^, C1200^; **Communication (COMM)** 135, 144; **Dance** 110, 120; **English (ENGL)** 126, 134, 135, 136, 137, 201, 203, 215, 217, 218, 219, 221, 222, 231, 232, 236, 237, 238, 239, 271, 277, C1002^; **English as a Second Language (ESL)** 115; **Ethnic Studies (ETHN)** 126, 127, 134, 143, 144, 236, 237, 238, 239; **French (FREN)** 120, 121, 152, 220, 221, 250, 251; **German (GERM)** 120, 121, 220, 221, 250, 251; **History (HIST)** 100, 101, 103, 105, 106, 113, 126, 135, 136, 137, 148, 157; **Humanities (HUM)** 110, 120, 125, 130, 135, 140, 160, 170; **Japanese (JAPN)** 120, 121, 149, 220, 221, 250, 251; **Media Communications (MCOM)** 111; **Music (MUS)** 110, 111, 115, 116, 117, 123, 189; **Philosophy (PHIL)** 110, 111, 115, 117, 140, 141, 145, 150, 155, 160, 170, 200; **Photography (PHOT)** 150, 154; **Religious Studies (RELG)** 110, 120, 130, 135, 140, 145, 150, 170; **Spanish (SPAN)** 120, 121, 122, 123, 141, 145, 220, 221, 250, 251; **Theater Arts (THTR)** 101, 110, 130, 143, 144, 205

AREA 4 – SOCIAL AND BEHAVIORAL SCIENCES
Select one course — 3 semester or 4 quarter units.

- 4
Child Development (CD) 131; **Child Development (CDEV)** C1000; **Ethnic Studies (ETHN)** 125; **Family Studies (FS)** 120; **Psychology (PSY)** 125; **Psychology (PSYC)** C1000^

**To meet admission requirements complete with a letter grade of “C” or better.*

AREA 5 – NATURAL SCIENCES AND LABORATORY
Complete one Anatomy & Physiology sequence.

- 5
Biology (BIO): (140 and 141)

**To meet admission requirements complete with a letter grade of “C” or better.*

AREA 6 – ETHNIC STUDIES
Select one course — 3 semester or 4 quarter units.

- 6
English (ENGL) 236; **Ethnic Studies (ETHN)** 107, 114, 236; **History (HIST)** 107

Important Information: *All Allied Health and Nursing students adhere to the graduation requirements outlined in the college catalog for the academic year in which they enter the program. The Area 7 requirements of Plan A: AA/AS General Education are not required for Allied Health students, see college catalog for more information. ^ Indicates that the course is part of AB 1111- Common Course Numbering and has been updated to a common prefix and/or number.*