



GROSSMONT COLLEGE Professional Development Committee April 21, 2021 2:00 p.m. – 3:30 p.m.

MEETING NOTES

Join Here: https://cccconfer.zoom.us/j/99465424965

Purpose: The Professional Development Committee carries out planning and evaluation of professional development programming which enhances the college's readiness to achieve its strategic goals and mission. It also supports the institution's continuous improvement and its diverse personnel. The committee identifies emerging trends from annual unit plans and program review to inform professional development.

| CO-CHAIRS (Voting Members) | ASSOCIATED STUDENTS OF GROSSMONT COLLEGE (Voting Members) | ADVISORY (Non-voting members) |
|--|---|--|
| ⊠ Lida Rafia, Chair | ⊠ Sara Laila | □ Aaron Starck □ |
| ☐ Maite Valladolid, Faculty Co-Chair | ⊠ Karla Moore | ☐ Marshall Fulbright |
| | | ☐ Bill McGreevy |
| ACADEMIC SENATE (Voting Members) | CLASSIFIED SENATE (Voting Members) | ADMINISTRATORS' ASSOCIATION (Voting Members) |
| ☐ Christen McGaughey-Gilreath | ⊠ Ryan Cline | ☑ Niko Crumpton |
| | □ Vacant | ⊠ Veronica Romero |
| EX-OFFICIO (Voting Members) | RECORDER (Non-Voting Member) | GUESTS: |
| oxtimes Sharon Sampson / $oxtimes$ Taneisha Hellon | □ Bernadette Black | Cheryl Kerns Campbell, Exercise Science |
| Brian Rickel / □ Karen Hern | | Jennifer DeMarco, Exercise Science |
| □ Lorena Ruggero | | Cindy Hall, MNSESW, Admin Assistant |
| ⊠ Rochelle Weiser | | |

| | ROUTINE BUSINESS | | |
|----|----------------------------------|---|--|
| 1. | Welcome / Public Comments | Lida welcomed the committee and guests. Time was given to reflect on the recent verdict and events. The guests were invited today to talk to the PD committee about wellness. Cheryl emphasized the need to create a place in our own lives for personal wellness as it is important to recharge. We need activities, space, and avenues to direct our emotions and our energies to positive things. She stated that we need to start conducting more wellness for employees, so she reached out to Cindy Hall and others on the Wellness committee to start it back up. The college has wellness resources (such as a registered dietician, instructors who teach meditation and yoga, etc.) that can be shared with the college community. Cindy noted that she has had conversations with classified and mindful meditation and exercise is much needed right now. Jennifer talked about what the impacts are of stress and emphasized the need for exercise and mental wellness. Cheryl suggested that this committee go back to their constituents to find out what areas of wellness are important to them. | |
| | | Lida stated that when the Wellness committee was first created, it did not have a home. They still met on and off but because there was no home for it, it was not supported. Prior to going remote, Lida started having conversations with people about bringing the wellness advisory group back together and house it under the office of professional development which can support and promote events. We do not want to call it a committee as this is not governance. The membership for the advisory group can be opened up to all members by taking it to the campus and seeing who might be interested. This advisory group would be able to do a report out at the monthly PD committee meetings. Lida asked that this committee look at the charge, if there is one, before doing a call out for membership. Cheryl noted that it will be important to have someone coordinating activities as far as exercise science goes. Lida reminded the group that this is not an exercise science initiative; it's a college effort that includes exercise science. Cindy added that she reached out to Rochelle on how to incorporate DEI into wellness as well. | |
| | | Next steps: The PD team will connect with some of the folks on the wellness group to look at the purpose and charge. From there, it will be sent to the PD committee for input and feedback before it's shared broadly to solicit members | |
| 2. | Additions/Deletions to Agenda | | |
| 3. | Approve Meeting Notes – 3/17/21 | Item not discussed. | |

| | NEW BUSINESS | |
|----|---------------------------------|---|
| 4. | PD Committee Purpose and Charge | Maite indicated that she will be sending a Google survey to the committee to gather feedback on the committee's purpose and charge. |

| | DISCUSSION | | |
|----|--------------------------------------|-----------------------|--|
| 5. | DEI Month @ Grossmont College | Item not discussed. | |
| 6. | DEI Framework and Shared Language | Item not discussed. | |
| 7. | Learning Observations | Item not discussed. | |
| 8. | Vision Resource Center | Item not discussed | |
| 9. | Wellness Committee | Item discussed above. | |

| COMMITTEE REPORTS | |
|--|---------------------|
| 10. Classified Advisory Committee | Item not discussed. |
| 11. Faculty Professional Development Committee | Item not discussed. |
| 12. President's Taskforce on Antiracism Subgroups | Item not discussed. |

| FOR CONSENSUS | |
|---------------|--|
| 13. | |

| | FOLLOW-UP | | |
|---------|--|----------|--|
| Who | Item | Timeline | |
| PD Team | Meet with the Wellness group to review the purpose and charge. Then, send to the PD committee for input before sending it broadly to the campus to solicit membership. | | |
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NEXT MEETING: Wednesday, May 19, 2021 @ 2:00-3:30

Zoom information:

Join from PC, Mac, Linux, iOS or Android: https://cccconfer.zoom.us/j/99465424965

Or iPhone one-tap (US Toll): +16699006833,99465424965# or +13462487799,99465424965#

Or Telephone:

Dial:

+1 669 900 6833 (US Toll)

+1 346 248 7799 (US Toll)

+1 253 215 8782 (US Toll)

Meeting ID: 994 6542 4965

International numbers available: https://ccconfer.zoom.us/u/acYpc0XAxE

Or Skype for Business (Lync):

SIP:99465424965@lync.zoom.us