GROSSMONT COLLEGE

Official Course Outline

DANCE 082B - SOCIAL AND BALLROOM DANCE II

1. Course Number Course Title Semester Units Semester Hours

DANCE 082B Social and Ballroom 1.5 1 hour lecture: 16-18 hours

Dance II 2 hours lab: 32-36 hours

32-36 outside-of-class hours

for lecture  
 80-90 total hours

1. Course Prerequisites

None.

Corequisite

None.

Recommended Preparation

A “C” grade or higher or “Pass” in Dance 082A or equivalent.

1. Catalog Description

A beginning/intermediate level class, which builds on the theories and principles introduced in Dance 082A and focuses on developing intermediate level skills related to ballroom dance. Discussions will also focus on the history, theories, and vocabulary of social and ballroom dance. Emphasis is placed on partnering technique, frame, style, and variations which increase in complexity for selected genres. This course is designed for dance and theatre majors as well as students who wish to explore historical dance. Students will be required to attend one live dance concert produced by the dance department, one department sponsored master class, and one ballroom related event.

1. Course Objectives

The student will:

* 1. Discuss the historical, theoretical, and cultural significance of social dance.
  2. Identify, define, and perform beginning through intermediate level ballroom dance positions and arm placement.
  3. Demonstrate proper etiquette and courtesies to partner and group in relationship to the dances performed.
  4. Demonstrate proficiency in leading or following in beginning through intermediate variations with a focus on proper connection to partner and compression through tension.
  5. Demonstrate rhythmically accurate steps in beginning through intermediate level variations in selected genres.
  6. Demonstrate proficiency in improvising in selected genres using beginning through intermediate variations.
  7. Analyze, define and perform proper styling and postures appropriate for each genre, focusing on body alignment and movement quality.
  8. Identify appropriate music for each dance genre.
  9. Compare and contrast the differences between ballroom dance genres through a written analysis.
  10. Examine similarities and differences of ballroom dance to concert dance through video and live performance.

1. Instructional Facilities

Dance room or large facility including but not limited to a gym, aerobics room, or ballroom and occasional use of video camera, VCR and video monitor.

DANCE 082B – SOCIAL AND BALLROOM DANCE II page 2

1. Special Materials Required of Student

Non-scuff shoes required, ballroom shoes recommended.

1. Course Content
   1. Lectures on the historical and political significance of social dance and how it relates to other dance forms.
   2. Lectures on social dance as a movement form, including discussions about movement vocabulary, technique, style, and interpretation.
   3. Intermediate level styling, body and arm positions, and foot patterns.
   4. Partnering, (leading, following) in beginning through intermediate variations.
   5. Improvisation in selected genres using beginning through intermediate variations.
   6. Movement combinations which emphasize rhythmic accuracy, as well as techniques and vocabulary introduced in class.
2. Method of Instruction
   1. Individual and group lecture/discussion.
   2. Application of dance vocabulary, theory and techniques through movement demonstration.
   3. Video for presentation and/or evaluative purposes.
3. Methods of Evaluating Student Performance
   1. Consistent participation in class.
   2. Movement exams.
   3. Written examinations, including a final, focusing on vocabulary, theories, historical and/or cultural issues related to social dance.
   4. Written critical analysis of a live dance performance.
   5. Written evaluation of Ballroom related event.
   6. Practical movement evaluation for each unit.
4. Outside Class Assignments
   1. Attendance at a dance department sponsored master class.
   2. Attendance at a department produced dance concert for the purpose of critical analysis.
   3. Attend an outside social dance event.
5. Texts
   1. Required Text(s):

Maletis, Joelle Rabow. It’s Just a Social, Swing and Latin Thing: A Guide to Social Dance. Dubuque, IA: Kendall/Hunt Publishing, 2002.

* 1. Supplementary texts and workbooks:
     + 1. Malnig, Julie. Ballroom, Boogie, Shimmy Sham, Shake: A Social Dance Reader. University of Illinois Press, 2009.
       2. Nikishkin, Dimitry. Practical Guide to Latin American Dance (vol. 1). Create Space Independent Publishing Platform, 2012.

DANCE 082B – SOCIAL AND BALLROOM DANCE II page 3

Addendum: Student Learning Outcomes

Upon completion of this course, students will be able to do the following:

* 1. Gain a working knowledge of partnering skills inherent in ballroom dance vocabulary and will define and demonstrate said skills in either leading or following with a focus on proper connection to partner and compression through tension.
  2. Gain a working knowledge of dance steps in selected ballroom dance genres and will define and demonstrate said skills with a focus on coordinating footwork with music.
  3. Develop their knowledge of body posture specific to selected ballroom dance genres and will demonstrate their understanding by performing movement sequences focusing on body alignment and movement quality.
  4. Develop aesthetic values as they relate to dance and, based upon these values, will be able to think critically about and analyze dance as an art form.

Date approved by the Governing Board: May 21, 2013