GROSSMONT COLLEGE

COURSE OUTLINE OF RECORD

Curriculum Committee Approval: 11/29/2022

Approved by GCCCD Governing Board: 12/13/2022

COUNSELING 110 – CAREER DECISION MAKING

 1. Course Number Course Title Semester Units

COUN 110 Career Decision Making 1

Semester Hours

1 hour lecture (16-18 hours); 32-36 outside-of-class hours; 48-54 total hours

 2. Course Prerequisites

  None

Corequisite

None

Recommended Preparation

  None

 3. Catalog Description

Lecture, group discussion, experiential activities and career assessment tools will be utilized to assist students in identifying their individual interests, values, and personality styles. Students will conduct educational and career research that will help them relate their career assessment results to setting academic and career goals. Students will also learn essential skills for obtaining employment such as resume building and job interviewing techniques.

 4. Course Objectives

  The students will:

1. Identify their interests, values, and personality preferences in relation to choosing career and major pathways.
2. Examine potential career options.
3. Execute decision-making methods to select a career and major pathway.
4. Distinguish career and academic goals.
5. Recognize the skills and strategies to obtain employment.

5. Instructional Facilities

  Standard classroom

 6. Special Materials Required of Student

  None

7. Course Content

1. Interests, values, and personality assessments.
2. Fundamentals of occupational research.
3. Online and offline career research tools and resources.
4. Career decision-making methods.
5. Goal-setting strategies.
6. Resume/cover letter formats, job interviewing techniques, and skills for obtaining a job.

8. Method of Instruction

1. Lecture
2. Group discussion
3. Guest speakers
4. Multi-media presentations

  9. Methods of Evaluating Student Performance

1. Assignments such as the interpretation of interests, values, and personality assessment results, occupational research, and resume writing.
2. Written final exam and/or presentation on the career decision making process.

10. Outside Class Assignments

1. Transfer Center and Career Center virtual or in person orientation and tour.
2. Interests, values, and personality assessments.
3. Informational interviews with professionals in career fields of interest.
4. Career and educational research to learn about the job tasks, education/training requirements, salary, and outlook of desired careers.

11. Representative Texts

1. Representative Text(s):
2. Instructor generated handouts, including excerpts from the following examples:
3. Baldwin, Amy. *College Success*. Houston, TX: OpenStax. <https://openstax.org/books/college-success/pages/1-introduction> Licensed Under a Creative Commons Attribution 4.0. 2020.
4. Dillon, Dave. *Blueprint for Success in College and Career*. (v. 1.4) Rebus. <https://press.rebus.community/blueprint2/>  Licensed Under a Creative Commons Attribution 4.0. 2021.
5. Dave Dillon. *Blueprint for Success in College: Career Decision Making*. (v. 1.2) Rebus. <https://press.rebus.community/blueprint3/> Licensed Under a Creative Commons Attribution 4.0. 2021.
6. Downing, Skip, and Jonathan Brennan. *On Course: Strategies for Creating Success in College, Career, and Life*. Boston, MA: Cengage Learning, 2020.
7. Ellis, Dave. *Becoming a Master Student*. Stamford, CT: Cengage Learning, 2018.
8. Ellis, Dave. *From Master Student to Master Employee*. Boston, MA: Cengage Learning, 2017.
9. Fralick, Marsha. *Career Success*. Dubuque, IA: Kendall Hunt Publishing Company, 2021.
10. Fralick, Marsha, and Seth Batiste. *College and Career Success*. Dubuque, IA: Kendall Hunt Publishing Company, 2021.
11. Supplementary texts and workbooks:

None

Addendum: Student Learning Outcomes

Upon completion of this course, our students will be able to do the following:

1. Apply individual assessment results to the career decision making process.
2. Investigate a career through the career research process.