GROSSMONT COLLEGE

Proposed Course Outline

CHILD DEVELOPMENT 101 – PARENT EDUCATION

1. Course Number Course Title Semester Units Semester Hours

CD 101 Parent Education 1 1 hour lecture

*16-18 total hours*

2. Course Prerequisites

None.

Corequisite

None

Recommended Preparation

None.

3. Catalog Description

This course is primarily designed for parents of children enrolled in the Child Development Center, although others are welcome to take the class. The course includes an overview of child development principles and an exploration of the role of parents in supporting the development of their children. The course will provide guidance in effective parenting strategies reflecting family and cultural beliefs. Discussions and assignments will relate directly to the participants’ interaction with young children.

4. Course Objectives

The student will:

a. Explain the stages in all domains of development.

b. Examine diversity in families and child rearing methods.

c. Evaluate components of a safe and nurturing environment for young children.

d. Formulate developmentally appropriate positive guidance strategies.

e. Compare and contrast effective parenting techniques that support children’s growth and development in all domains.

5. Instructional Facilities

a. Standard classroom.

b. Online instruction.

6. Special Materials Required of Student

a. None if class is on campus.

b. Access to a computer with Internet and Microsoft Word capabilities.

7. Course Content

The course will consist of selected topics rotated on a four semester basis. Child development principles and guidance will be incorporated in the core content of each topic. Selection will include:

a. Orientation to the Child Development Center.

b. Principles of health and safety at home and in the child care setting.

c. Physical development and strategies for supporting large and small motor development.

d. Social development and strategies for supporting the development of social skills.

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7. Course Content continued

e. Emotional development and strategies for supporting this development in young children.

f. Cognitive development and strategies for supporting intellectual development.

g. Supporting literacy development.

h. Books and the media in supporting development.

i. Supporting children in crisis: divorce, death, hospitalization and violence.

j. Building children’s self-esteem.

l. Positive guidance strategies.

m. Community resources for families.

n. Supporting children’s learning respect for diversity.

o. The role of play in learning.

8. Method of Instruction

a. On campus: lecture, small group discussion, video.

b. Online: online lecture, readings, discussions, assignments.

9. Methods of Evaluating Student Performance

a. Participation in class discussions and projects, written assignments and final project.

b. Participation in discussion through bulletin board responses, written assignment and final project.

10. Outside Class Assignments

a. Assigned readings.

b. Writing assignments, journal entries and reflections that demonstrate strategies for supporting children’s social development.

c. Final project that identifies parents’ pathway from their own childhood to their role as parents.

11. Texts

a. Required Text(s):

(1) Davis, Laura and Janis Keyser. Becoming the Parent You Want to Be: A Sourcebook of Strategies for the First Five Years. New York, NY: Broadway Books 1997

(2) Website: [www.becomingtheparentyouwanttobe.com](http://www.becomingtheparentyouwanttobe.com)

(3) California Department of Education. *Program for Infant and Toddler Care; Module 1 – Social and Emotional Growth, Module 3 – Learning and Development, California Preschool Curriculum Framework, Volume 1.* Sacramento, CA: Child Development Division, 2010.

b. Supplementary texts and workbooks:

None.

Addendum: Student Learning Outcomes

Upon completion of this course, our students will be able to do the following:

a. Formulate developmentally appropriate positive guidance strategies for young children.

b. Identify components of a safe and nurturing environment for young children.

Date approved by the Governing Board: May 17, 2011